NEXT MEETING OCT 21ST!

MYSTIC VALLEY
Public Health Coalition

YOU ARE NOT ALONE

Family Support and Recovery Meeting

You don't have to navigate a loved one's substance use alone.

Join a confidential support group for parents, spouses, siblings, family members, and friends. Connect with others who understand and gain support, hope, and helpful resources.

Led by a trained Family Peer Recovery Coach with lived experience.

3RD WEDNESDAY OF EVERY MONTH

7:00–8:30 PM

Grace Episcopal Church
160 High Street
Medford, MA

WHAT YOU CAN EXPECT

- Connection with others who understand
- Practical tools and family resources
- Local treatment and recovery information
- Naloxone and overdose prevention education
- Hope, support, and encouragement

Barrie Brian
Family Peer Recovery Coach
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LEARN to COPE

Free • Confidential • No Registration Required